

# CRANIOSACRAL WISDOM: LEVEL 1 NOVEMBER 4-5, 2017

## No previous massage experience necessary.

CranioSacral Wisdom: Level 1 is open to Massage Therapists, Massage Therapy students, Physical Therapists, Occupational Therapists, Speech Therapists and anyone that would like more information about this gentle technique. If you do not have a license to touch, the valuable skills you will learn can be used on your family and friends.

## Why Should I Take This Course?

- IME/KCHA Graduates- You will process information at a deeper level and will interpret things differently than you did when first learning about CranioSacral Therapy.
- The massage profession is constantly changing. You will learn the most up to date information and techniques that can be easily integrated into your professional practice or used on your family and friends.
- You will develop a deeper level of connection with the human body.
- You will have the opportunity to not only use the skills you've learned in class by giving bodywork, but you will also have the opportunity to receive this work as well.
- This course will give you the skills necessary to use a light gentle approach to go deeper.
- After this course you will be better able to tune into the body's self-healing ability.
- If you are a health professional, this course will make you feel recharged and can bring a new level of excitement to your work.

## About the Instructor:



**Doreen Hart** is a Licensed Massage Therapist who has been practicing for approximately 20 years. She is also a Certified CranioSacral Therapist through the Upledger Institute since 2007 as well as a Certified Teaching Assistant. She recently became an Achieve Today Certified Coach, assisting individuals to become more aware of their authentic self.

Doreen has been teaching at IME for 10 years and has truly enjoyed connecting with students and watching them grow and connecting with clients on a deeper level.

Doreen believes the body is able to self-correct and sometimes it needs some assistance to allow the process to occur. She believes her job is to facilitate this process. She is truly grateful to do what she loves.



## Course Information

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**When:**  
November 4-5, 2017

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**Where:**  
Institute for Massage  
Education

5360 Holiday Terrace  
Suite 22  
Kalamazoo, MI 49009

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**Cost:**  
IME/KCHA Grads:  
\$250 before October 6/\$275  
after

Non IME/KCHA Grads:  
\$350 before October 6/\$375  
after

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**Register:**  
(269) 986-1789